

Before the day you should check on DutyMan and confirm that you will attend. It can be a good idea to liaise with the OOD, and then make contact with the assistant who will help you in the safety boat. This is especially important in cold weather so that they can be suitably dressed. Both of you will need buoyancy aids.

Boat House

The key to the side door is kept in a small key box in the disabled toilet. The combination is in the SBD guide in the race hut. This key also has a key for the locks at the bottom of the shutter door. After unlocking the ground bolt can be removed by twisting through 90 deg.

Setting Up

Check the equipment in the boat, which should include a boarding ladder, kill cord, knife, first aid kit, anchor and warp, towing bridle and tow line, paddle and a bucket or bailer. Check that the boat is drained then secure the bungs. The fuel tanks in the fuel store are numbered to match the boats. With the OOD, switch on and test a pair of walkie-talkies in order to maintain communication between the race hut and the safety boat. When you first start the engine, and from time to time during operation, check that cooling water comes out of the telltale hole. You should aim to have the safety boat launched and engine tested at least 35 minutes before the start time so that the OOD can go on the water to check the wind direction for setting the course.

Buoys

You may be required to position additional buoys X, Y, Z, S and a dan buoy for the IDM. For exact positioning of the IDM it is recommended to lay the buoy well upwind of its required position, give it time to settle, then drag it downwind until you reach the correct position.

General Procedure

Wear the kill cord at all times when the engine is running. As a general rule the safety boat should be on the water during the races. You and your crew should keep a constant watch for anyone who capsizes as someone's life could depend on your alertness. You should immediately visit all capsizes to check that the helm and crew are safe. Better to not be needed than to be too late. It only takes a minute for an unconscious person to drown. If the helm and crew are safe and another boat capsizes then you should leave the first boat and visit that second boat to check on the second helm and crew.

People first. If in doubt take them out of the water and if necessary take them to shore. You may need to be assertive and take charge of a rescue

if people seem to be in difficulty or cold. Get them into the safety boat. Boats can always be collected later.

The final approach to any rescue should be at low speed from a direction that will give you the best view of the situation. Keep the engine clear of anyone in the water, sails, ropes, equipment and shallow water. If in doubt immediately switch off the engine.

If you cannot see one of the crew and believe that they are trapped under the boat, then right the boat by putting your assistant on the upturned hull. Applying weight to one side and pulling on the centreboard is usually effective. Small boats such as Optimists can be lifted on one side to free a trapped person.

Only when you are happy that all people are safe should you worry about righting the boat. Agree with the helm the best way to assist righting their boat. If the mast is stuck in the mud agree with the helm where you can tie a rope at the front of the boat. Gently pull the boat sideways and forward. This should bring the mast out of the mud.

Conduct on the Water

In general make sure that you are not in the way of the racers and keep a look out all around you. Keep clear of the start line and position yourself where you have a clear view of the fleet. In calm weather drive at very low speed to avoid making waves, except in emergency of course. There should be no joyriding, but when there is nothing else to do you may use the time wisely to practice manoeuvres. The slipway can get coated in algae and be very slippery. At times when your services are not required please brush away as much algae as possible.

Getting People Out of the Water

If you cannot use the ladder there are various techniques for getting people into the safety boat. At all times ensure that you do not injure yourself.

- a. Have one person each side of the person in the water and grip clothing around legs/waist and pull.
- b. Lay the person alongside the rescue boat. Lift one leg over the side and roll the person aboard.
- c. With one crew member holding one arm of the person in the water, get both their legs over the side. Then with one on each arm pull the person on board.

At the End of the Day

Bring buoys X, Y and Z and any dan buoys ashore. Bring all the powerboats ashore, drain the hulls and then leave the engines vertical. Return fuel tanks to the fuel store and lock it. Lock the boat house roller shutters, switch off lights and lock the side door.