

Notice of the 3 Hour Race

Mon 6th May 2024

The organising authority is Bowmoor Sailing Club.

1. Rules

1.1 Racing will be governed by the *rules* as defined in the Racing Rules of Sailing and in accordance with the principles of the RYA Racing Charter

1.2 The Race Committee consists of the Officer-of-the Day (OOD), the duty team, and any additional people that they may co-opt.

1.3 Each team is to have at least two crews and there must be at least three complete changeovers between crews during the race.

1.4 Changeovers must happen in the buoyed-off area in front of the Clubhouse.

1.5 HANDICAPS. The PYS system (2024) will be used.

1.6 Overall positions will be determined by calculating an average corrected lap time for the total period between the boat crossing the starting and finishing line.

1.7 Each team must sail through the starting/finishing line each lap.

1.8 Each team will display identification stickers as provided on the day of the race.

2. Entries – during registration

3. Schedule of Racing

3.0 Registration from 9.30 a.m. Monday 6th May

3.1 Briefing : 10.45 am

3.2 Race Starts: Warning signal 11.20 am Flag Numeral 1

Preparatory signal 11.25 a.m. Flag P,

Starting window open 11.30 – 11.40 (time of crossing the start line of each boat will be recorded)

3.3 Finishing signal: 14.30 Flag S – all boats to complete the lap they are on.

4. Prizes – Committee discretion on the day

5. Conditions of Sailing and Racing

5.1 A boat is entirely responsible for its own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else reduces this responsibility. It is for the boat to decide whether it is fit to sail in the conditions in which it will find itself. By launching or sailing, the boat confirms that it is fit for those conditions and that its crew is competent to sail and compete in them.

5.2 The provision of safety boats does not relieve the sailing boat of its responsibilities.

5.3 Nothing done or not done by the organisers can reduce the responsibility of the boat nor will it make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The term “organisers” encompasses everyone helping to run the race and the event, and includes the organising authority, the race committee, the race officer, safety boat crews and beachmasters.

5.4 When the race committee considers that a competitor is in difficulty, it may instruct the competitor to accept help. Receiving outside assistance that does not reduce the potential lap time will not require further penalty; the team may continue to race.

5.5 The boat is required to hold adequate insurance and in particular to hold insurance against third-party claims in the sum of at least £3,000,000.

5.6 Competitors are eligible to race only after completing an entry form and having their entry accepted by the Race Committee.

5.7 **Buoyancy.** An adequate personal floatation device, correctly fastened, shall be worn at all times when afloat or on jetties (changes rules 1.2 and 40). Wet/dry suits do not constitute adequate personal buoyancy.

6 Notices to Competitors; Signals made ashore

6.1 Notices to competitors will be posted on the official notice board located behind the race control hut.

6.2 Any change in the Sailing Instructions will be posted on the official notice board and flag L will be displayed at the race control hut 20 minutes before the starting window of the race.

6.3 Signals made ashore will be displayed on the flagstaff at the race control hut.

7 Courses and Marks

7.1 The course to be sailed will be posted on the race control hut course board not later than 10 minutes before the first warning signal which will be 10 minutes before the start window opens.

7.2 Marks are to be rounded in the sequence displayed on the course board. The required side for each mark is denoted by the course board text colour: red (port) or green (starboard).

7.3 Marks of the course will be selected from fixed club marks (numbered “1” to “12” with odd – yellow and even – red, approximately conical and/or moveable marks (labeled “V”, “W”, “X”, “Y” and “Z”).

7.4 The starting/finishing mark will be a spherical orange buoy marked “S”. When an IDM is laid near the start or finish line, boats shall start or finish by passing between the IDM and mark “S”. The starting/finishing line will be between the gold mast on the race control hut and mark “S”,

7.5 An inner distance mark (if used) will be a small dan buoy.